

SPOUSE PROGRAM

Gather in Prairie Room

Thursday December 5th 2024

8:30 am Wood Patriotic Craft

10:00 Coffee, treats and fellowship

10:30 **Lauren Bittner**, South Dakota born and raised, millennial, wife, working mom of two, is host of her own pod cast “Just Say More”. She brings real conversations that meet you where you’re at, to inspire you to keep going . She will share her journey of health and how struggles have shaped her into who she is today.

12:15 Lunch with the large group

Friday December 6th

9:00 am **Elissa Dickey**, is an author of book club fiction with two novels– The Speed of Light and Iris in the Dark, both available today. Stories have always been a big part of Elissa’s life. She has shared her personal story of living with multiple sclerosis through blog posts for the National MS Society.

She will share her adventures of writing and publishing along with the challenges.

10:00 am Craft String Star Ornament

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